

# THE X-FILE

A BILINGUAL PUBLICATION OF THE UNIVERSITY OF MIAMI / MILLER SCHOOL OF MEDICINE HEMOPHILIA TREATMENT CENTER

## From the Director: Spring Happenings at the HTC!



Welcome to Spring! Although we seem to have "missed" winter this year, there is no question that the HTC team and our families have avoided the typical "after-Christmas blues" by staying busy and enjoying lots of interesting and challenging activities.

The New Year kicked off with a dinner presentation at Smith & Wollensky on Miami Beach called "Cognitive Conversations". We thank Sanofi Genzyme for supporting this tasty and meaningful evening. We all deal with things in our lives that we would rather not be doing, or would prefer to put off (sound familiar?). Cognitive conversations focused on trying to understand WHY people prefer to avoid "tasks" such as:

trying to lose weight, stop smoking, getting to work on a college application or job-related presentation, remembering to do factor infusions on time, etc. We know these actions are important and necessary, but, still... Everyone left the evening feeling more motivated as well as with a greater understanding of how/why we should change our approaches. Perhaps some of those New Year's Resolutions will last past January 15th!

Those of us who have lived through the college application process with our kids, or are going through it right now, do not have fond memories. An undercurrent to all the essays, forms and administrative details is the recognition by us parents—and maybe by some of our young adults—that life is truly about to change for the entire

family. Parents worry if their son/daughter is going to be "ok"—but that goes beyond knowing how to infuse or staying on top of assignments. The HTC team created what will surely become an expanded and recurring event this past February. The Successful Transition to Adult Care/College Program was held at the Wellness Center on the Coral Gables campus. In addition to the reminders about taking charge of one's own health, and recognizing the feelings that being "on your own" will create, our teens (and staff!) were treated to an AMAZING hands-on cooking demonstration by Student Chef Andreu, and a most informative discussion of the basics of fiscal responsibility presented by Craig Goldslager, CeXP, MBA. There were lots of great cooking tips

continued on page 2

### THE MEDICAL TEAM

**Joanna A. Davis, MD**  
Pediatric Program Medical Director

**Thomas Harrington, MD**  
Adult Program Medical Director

**Fernando Corrales-Medina, MD**  
Pediatric Associate Medical Director

**Krysten Sargent, APRN**  
Pediatric Nurse Coordinator

**Maya Bloomberg, APRN**  
Adult Nurse Coordinator

**Kelli Fraga, PT, DPT**  
Physical Therapist

**Annalise Guerra, MSW**  
Clinical Social Worker/  
Psychotherapist

**Magaly Gonzalez**  
Clinical 340B Program Coordinator

**Leandro Pisani**  
Clinical Research Coordinator

**Merissa Williams**  
Outreach Coordinator

**Caitlin Losa**  
HTC Secretary

### Inside this issue:

From the Director	1
Upcoming Events	5
Medically Speaking	6
Special Thanks	8
Scholarships 2019	9
HTC Photo Factor-y	11
Clinic Schedule	12

## **From the Director** (continued...)

and it was fun to watch our teens work in the kitchen! Parents, ask them to prepare the meal we all enjoyed! Our young adults were fascinated by the introduction to money management —we were impressed by the questions and the clear understanding that even the youngest participant had. We are hoping to partner with the Hemophilia Foundation of Greater Florida this fall for a weekend session which will have parallel tracks for parents as well.

On March 23rd we celebrated our moms/sisters/daughters/aunts/grandmas with a Women's Education Day held at the University of Miami Hillel Center on the Coral Gables campus. Women over 18 with any bleeding disorder spent a very enjoyable morning which included a few educational sessions, a much-needed presentation discussing intimacy issues and bleeding disorders, and a yoga class. Take-home goodie boxes of self-care items as well as a fantastic omelet station and breakfast created a welcoming atmosphere, bonding and self-awareness. We are so happy that so many of our women were able to carve out some "me-time"! Many thanks to Octapharma for underwriting this event and to the Hemophilia Foundation of Greater Florida for their hand in making this event come to life AND to our very own Merissa Williams for the countless hours

she spent to make sure that every detail was covered.

We are looking forward to an active spring! April 28th will see the "Lighten Up!" program in conjunction with the Florida Hemophilia Association. This morning will bring our families together at the Johnson & Wales University in North Miami. Favorite —but not really healthy recipes will have been adjusted by the Nutrition Class and J&W, so that they contain less fat, sugar and calories, but amazingly without sacrificing taste! Working with a team of chefs we will prepare these dishes and then EAT!

Continuing the health/fitness theme —come on out to Jungle Island on Sunday, May 5th for the Florida Hemophilia Association annual walk — UNITE for All Bleeding Disorders. Meet old friends, make new ones, and enjoy checking out the flora and fauna as you walk through the grounds! Shout-outs to Debbi Adamkin for her tireless efforts and the endless energy, which is necessary, to put this walk together.

Dr. Kelli Fraga, our Physical Therapist, is planning lots of new events for the summer months, and is spending a lot of time in the gym with our patients. She is looking forward to helping everyone, of any age get into shape for

whatever your summer activities are going to be!

And, speaking of summer activities: Parents —go online and register your child (ages 7 - 16) for this year's Hemophilia week at Camp Boggy Creek! The 2019 session runs from June 19 - 24. Campers will leave from the UHealth facility in Plantation, and will be dropped off there (upon return from camp) as well. As always, there is NO CHARGE for the session or the transportation, for which we thank Fran Haynes and the Hemophilia Foundation of Greater Florida. This is a wonderful week for campers and parents alike (sorry, no parents allowed!). Our campers make new friends and acquire new skills and interests —including self-infusion! And in general, come home more "grown up" than when they got on the bus. Contact Krysten, Annalise or Merissa for details. Your camper MUST have a current medical form, so make sure that you make an appointment to see Dr. Corrales or Dr. Davis so that their medical information is up -to-date!

Be on the lookout for more email blasts, flyers, etc. and be sure to follow us on Facebook!

Is there something that YOU would like to do/see/learn? Let us know!

See you at the HTC!

*¡Bienvenidos a la primavera! Aunque parece que nos saltamos "el invierno este año, no hay duda de que el equipo del HTC y nuestras familias hemos evitado la típica melancolía posterior a la Navidad" manteniéndonos ocupados, y disfrutando innumerables actividades interesantes y estimulantes.*

*El nuevo año arrancó con una presentación-cena en Smith & Wollensky llamada "Conversaciones cognitivas." Agradecemos a Sanofi Genzyme por apoyar esta sabrosa y significativa noche. Todos afrontamos cosas en nuestra vida que preferiríamos no tener que hacer o preferiríamos posponer (¿le suena familiar?). Las conversaciones cognitivas se centraron en tratar de entender POR QUÉ las personas prefieren evitar tareas tales como: intentar adelgazar o dejar de fumar, ponerse a trabajar en una solicitud de ingreso a la universidad o en una presentación laboral, recordar administrarse las infusiones de factor a tiempo, etc. Sabemos que estas cosas son importantes y necesarias, pero aun así..... Todos salimos esa noche más motivados, así como con una mejor comprensión de cómo y por qué debemos cambiar nuestras conductas. Quizás algunas de esas resoluciones de Año*

*Nuevo durarán más allá del 15 de enero.*

*Aquellos de nosotros que hemos vivido con nuestros hijos el proceso de las solicitudes de ingreso a las universidades, o que lo estamos viviendo en estos momentos, no tenemos gratos recuerdos. Un trasfondo de todos los ensayos y formularios y detalles administrativos es que los padres nos damos cuenta —y quizás también se den cuenta algunos de nuestros jóvenes— que la vida verdaderamente está a punto de cambiar para toda la familia. Los padres se preocupan de si su hijo o hija va a estar bien," pero eso va más allá de saber cómo administrarse las infusiones o estar al día con sus tareas. El 9 de febrero, el equipo del HTC creó lo que, con seguridad, se convertirá en una actividad ampliada y periódica. La Transición hacia la adultez/ la universidad se llevó a cabo en el Wellness Center del recinto universitario en Coral Gables. Aparte de los recordatorios acerca de hacerse cargo de su propia salud y reconocer los sentimientos que se presentan al estar por su cuenta," nuestros adolescentes (¡y el personal!) disfrutaron de una INCREÍBLE demostración culinaria práctica a cargo del estudiante Chef Andreu, y una charla sumamente informativa acerca de los principios básicos de responsabilidad presupuestaria presentada por*

*Craig Goldslager, CeXP, MBA. Hubo una gran cantidad de excelentes consejos culinarios y fue divertido ver a nuestros adolescentes en la cocina. (¡Padres, pídanles que preparen la comida que todos disfrutamos!) Nuestros jóvenes estuvieron fascinados por la introducción a la administración del dinero, y nosotros quedamos impresionados por las preguntas y el claro entendimiento que incluso hasta el más joven de los participantes tenía. Esperamos unirnos a la Hemophilia Foundation of Greater Florida este otoño para una sesión de fin de semana que tendrá charlas paralelas para los padres también.*

*El 23 de marzo celebramos a nuestras madres, hermanas, hijas, tías y abuelas con un Día Educativo para Mujeres que tuvo lugar en el Hillel Center en el recinto universitario en Coral Gables. Mujeres mayores de 18 años con cualquier tipo de trastorno hemorrágico disfrutaron de una muy agradable mañana que incluyó unas cuantas sesiones educativas, una muy necesaria presentación que trató sobre problemas en la intimidad y los trastornos hemorrágicos, y una clase de yoga de una hora. Cajas de regalos con artículos de cuidado personal, así como un delicioso desayuno, crearon un ambiente acogedor, apego y*

consciencia de sí mismas. Estamos muy felices de que tantas de nuestras mujeres pudieran sacar algo de tiempo para sí mismas."Muchísimas gracias a Octapharma por patrocinar esa actividad y a nuestra propia Merissa Williams por las incontables horas que pasó para asegurar que cada detalle estuviera cubierto.

Estamos a la espera de una activa primavera. El 28 de abril tendremos el programa *Lighten Up!* (¡Aligérese!) junto con la Florida Hemophilia Association. Esa mañana reuniremos a nuestras familias en el instituto culinario Johnson and Wales. La Clase de nutrición y Johnson and Wales modificarán algunas recetas favoritas —pero a menudo no muy saludables—, para que contengan menos grasa, azúcar y calorías, pero increíblemente sin sacrificar el sabor. Colaboraremos con un equipo de chefs para preparar estos platos y luego COMERLOS. Y siguiendo con el tema de la salud y ponerse en forma... visite Jungle Island

el 5 de mayo para la caminata anual "UNITE for All Bleeding Disorders" (Unámonos por todos los trastornos hemorrágicos) de la Florida Hemophilia Association. Reúnase con viejos amigos, haga amigos nuevos y disfrute de la flora y la fauna mientras camina por los terrenos. Mención especial a Debbi Adamkin por sus incansables esfuerzos e interminable energía, imprescindibles para organizar esta caminata.

Kelli Fraga, nuestra fisioterapeuta, está planeando muchas actividades nuevas para los meses del verano, y está pasando mucho tiempo en el gimnasio con nuestros pacientes. Está deseando ayudarlos a todos, sin importar la edad, a ponerse en forma para cualesquiera que vayan a ser sus actividades veraniegas.

Y, hablando de actividades veraniegas: padres, entren en Internet para inscribir a su hijo o hija (de 7 a 16 años) para la semana de la hemofilia de este año en Camp Boggy Creek. La sesión del 2019 tendrá lugar del 19 al 24 de junio. Los campistas saldrán desde las instalaciones

de UHealth en Plantation, y allí los volverán a dejar al regreso. Como siempre, no hay NINGÚN CARGO ni por la sesión ni por el transporte, por lo que agradecemos a Fran Haynes y la Hemophilia Foundation of Greater Florida. Esta es una semana maravillosa, tanto para los campistas como para los padres (¡no, lo siento, no se permiten padres!). Nuestros campistas hacen nuevos amigos, adquieren nuevas destrezas e intereses (entre ellas la autoinfusión) y, en general, regresan a casa más "adultos" que cuando se subieron al autobús. Comuníquense con Krysten, Annalise o Merissa para obtener más detalles. Su hijo DEBE tener su formulario médico al día, así es que asegúrese de hacer una cita para ver al Dr. Corrales o a la Dra. Davis, para que la información médica esté actualizada.

Estén pendientes de otros mensajes electrónicos, volantes, etc.

¿Hay alguna otra cosa que a USTED le gustaría hacer, ver o aprender? ¡¡Déjenos saber!!

¡Nos vemos en el HTC!



**Stay up to date on the latest HTC news and patient education events and programs.**

**Don't miss out on receiving our electronic newsletters and email blasts!**

**Simply send your name and e-mail address to:**

**mlw173@med.miami.edu**

## Upcoming Events

*You're invited to a very special program!*

Learn how to deliciously **Lighten Up!** your family's favorite recipes and bring home a free cookbook!

Join us on **Sunday, April 28th at 10:00AM**

Johnson & Wales University

1701 NE 127th Street  
North Miami, FL 33181

RSVP Today!

Contact **Cathy Lopez** at the Florida Hemophilia Association  
**admin@floridahemophilia.org** or **305-235-0717**  
to reserve your spot!



Join the UM-HTC Team on **Sunday, May 5, 2019** at the Florida Hemophilia Association's **9th Annual Walk in the Jungle!**

Walk to raise critical FUNDS and AWARENESS for the bleeding disorders community.

Find out more information about this event at

<https://www.uniteforbleedingdisorders.org/index.cfm?fuseaction=donorDrive.event&eventID=693>

### - SAVE THE DATE -

**Saturday, June 8, 2019**

#### Resilience Program

Official invite with RSVP information to come.



*"Strength doesn't come from what you can do. It comes from OVERCOMING the things you once thought you couldn't."*

- Rikki Rogers



Maya Bloomberg, APRN

“Did you know that healthy eating can actually decrease the number of bleeds you have?!”



## Medically Speaking: A Healthier U

by: Maya Bloomberg, APRN

The obesity epidemic continues to be a significant problem in the United States. Combating this epidemic remains a major objective for Healthy People 2020. Obesity increases the risk of several chronic diseases in both children and adults, including heart disease (hypertension, coronary artery disease), type 2 diabetes, and many forms of cancer. Now that hepatitis C is curable, we are seeing a change in the type of damaging liver disease diagnosed to one caused by obesity, known as non-alcoholic steatohepatitis (NASH). Hopefully being aware of the impact of obesity on overall health will help motivate our patients and families to take the initiative in assuming a healthier lifestyle.

Healthy eating starts with healthy food choices. This should begin at an early age and continue throughout one’s life. It is easier to teach our

kids good diet habits from a young age rather than having to start restricting foods when health issues arise.

A healthy diet emphasizes:

- Eating a variety of fruits and vegetables without added salt/sugars – at least 2 cups of each per day
- Fiber-rich whole grains (white bread essentially has no nutritional value...)
- Skinless poultry and fish (try to eat fish at least twice a week)
- Fat-free or low-fat dairy products
- Limit soda and other sugary beverages (juices, even 100% natural, have a lot of sugar in them!)
- Most important, in my opinion – PORTION CONTROL

When I talk to patients about a balanced diet, I encourage them to make a plate of food where half the plate consists of vegetables (the more colorful the better!), a quarter of the

plate consists of protein, and the remaining quarter of your plate is starch (such as rice or potatoes). Water should be the main drink of choice; avoid soda as much as possible. For those of you every-day soda drinkers, do you know if you stop drinking soda altogether you will lose 10+ pounds in a year? – without having to exercise or do anything else! If you use this as a guide, you will be on track to eating a more balanced diet within the recommended portion sizes.

There are many benefits to healthy eating, whether or not you have a bleeding disorder. It can help with weight loss and help prevent and fight disease by keeping your immune system strong. But did you know that healthy eating can actually decrease the number of bleeds you have?! Eating a balanced diet provides your muscles and bones with

essential nutrients needed to keep them healthy and strong, which results in fewer bleeds. Fewer bleeds require less treatment, therefore lowering health care costs, which

I'm sure your insurance company would be happy about! Most importantly, fewer bleeds allows you to enjoy your life and spend good quality time with the people you

care about most.

The key is not to start a diet that has an expiration date, rather make lifestyle changes that will last forever!



**"I REALLY REGRET EATING HEALTHY TODAY" ... SAID NO-ONE EVER.**

TRNT.ORG

**Eat less CRAP:**

- C - carbonated drinks
- R - refined sugar
- A - artificial sweeteners & colors
- P - processed foods

**Eat more FOOD:**

- F - fruits & veggies
- O - organic lean proteins
- O - omega 3 fatty acids
- D - drink water

*La epidemia de obesidad sigue siendo un problema creciente en los Estados Unidos, por lo que permanece como uno de los principales objetivos del programa de prevención del gobierno federal "Healthy People 2020." Sabemos que la obesidad predispone a muchas enfermedades crónicas tanto en niños como en adultos, entre ellas enfermedades cardíacas (hipertensión arterial, enfermedad*

*arterial coronaria), diabetes de tipo 2 y muchos tipos de cáncer. Ahora que disponemos de excelentes tratamientos para curar la hepatitis C, estamos viendo un cambio en el cual las enfermedades hepáticas ahora son causadas por la obesidad, como es el caso de la llamada esteatohepatitis no alcohólica (NASH, por sus siglas en inglés). Esperamos que conocer esta información ayude a motivarnos a tomar*

*la iniciativa para asumir un estilo de vida más saludable.*

*Una alimentación saludable comienza con elegir alimentos saludables, y esto debe iniciarse a temprana edad y continuar durante toda nuestra vida. Es más fácil enseñar a nuestros hijos buenos hábitos alimenticios desde que están pequeños, que tener que comenzar a restringir alimentos cuando surgen los problemas de salud. En*

**“¿Pero sabía que comer saludable puede de hecho disminuir la cantidad de sangrados que tiene?”**

*términos generales, un patrón alimenticio saludable enfatiza:*

*Comer una variedad de frutas y verduras (sin sal ni azúcar agregadas), por lo menos 2 tazas de cada una por día*

*Cereales integrales ricos en fibra (el pan blanco básicamente no tiene ningún valor nutritivo)*

*Aves sin piel y pescado. ¡Intente comer pescado por lo menos dos veces a la semana!*

*Productos lácteos descremados o bajos en grasa*

*Limitar los refrescos y otras bebidas azucaradas (los jugos, incluso si son 100% naturales, contienen mucha azúcar)*

*Lo más importante, en mi opinión: CONTROL DE LAS PORCIONES*

*Cuando hablo con los pacientes sobre una alimentación*

*equilibrada, los animo a servirse un plato de comida en el que la mitad del plato contenga verduras (mientras más colorido mejor), un cuarto del plato sea la proteína y el cuarto restante sea de carbohidratos (p. ej., arroz o papas). La bebida principal a elegir debe ser agua, y evitar los refrescos lo más posible. Aquellos de ustedes que beben refrescos todos los días, ¿sabían que si dejan de beberlos por completo perderán más de 10 libras en un año? ¡Sin tener que hacer ejercicios ni ninguna otra cosa! Si usa esto como una guía, se estará encaminando a comer una alimentación más equilibrada, dentro de los tamaños de porciones recomendados.*

*Existen muchos beneficios derivados de alimentarse saludablemente, ya sea que uno tenga un trastorno hemorrágico o no. Puede ayudar a adelgazar,*

*ayudar a prevenir y luchar contra enfermedades y mantener su sistema inmunitario fuerte, ¿pero sabía que comer saludable puede de hecho disminuir la cantidad de sangrados que tiene? Comer una alimentación equilibrada ayuda a proporcionarle a los músculos y los huesos sustancias nutritivas esenciales que son necesarias para mantenerlos sanos y fuertes, lo que se traduce en menos sangrados. Menos sangrados requieren menos tratamiento, lo que disminuye los gastos de atención médica. Lo que estoy segura alegrará a su compañía de seguro.*

*La clave es no comenzar una dieta con fecha de vencimiento, sino hacer cambios en sus hábitos que durarán para siempre.*

## Special Thanks



**CSL Behring**  
Biotherapies for Life™

This edition of The X-File is made possible by charitable donations from Pfizer and CSL Behring.





## Scholarships 2019: Getting the Edge on Education

*It's that time of year again! Time to start applying for college scholarships. The hemophilia community is fortunate to have many scholarships available to current and future college students with bleeding disorders. The following is a listing of some scholarships that were known to be available at the time of this publication, but there may be other sources that can be found online. Please be sure to verify all information yourself, as some online sources could not be verified. This is only a partial listing. For more scholarships, visit [www.kelleycom.com](http://www.kelleycom.com) or [www.hemophiliafed.org/eligibilities/has-bleeding-disorder/](http://www.hemophiliafed.org/eligibilities/has-bleeding-disorder/).*

### Calvin Dawson Memorial Scholarship

**Amount:** Number and amount of scholarships varies

**Candidate:** Florida resident with a bleeding disorder attending a college, university, or trade school.

**Deadline:** April 30

**Contact:** Hemophilia Foundation of Greater Florida  
1350 North Orange Avenue,  
Suite 227  
Winterpark, FL 32789  
800-293-6527  
[www.hemophiliaflorida.org/scholarships.html](http://www.hemophiliaflorida.org/scholarships.html)

### The Kevin Child Scholarship

**Amount:** One \$1,000 scholarship

**Candidate:** Person with hemophilia A or B, who is either a high school senior with aspirations of attending an institute of higher education (college, university, or vocational-technical school) or a college student already pursuing a post-secondary education.

**Deadline:** June 30

**Contact:** National Hemophilia

7 Penn Plaza, Suite 1204  
New York, NY 10001

### Aptevo B More Scholarship

**Amount:** \$2,000

**Candidate:** Full-time or part-time students of any age with hemophilia B, who are pursuing post-secondary education (undergraduate, graduate, doctoral, trade schools, and certifications).

**Deadline:** May 3

**Contact:** Potential candidates must sign up at <https://www.ixinity.com/community> for more information.

### George D. McCoy Education Scholarship

**Amount:** One \$1,000 scholarship

**Candidate:** Persons diagnosed with severe hemophilia A

**Deadline:** May 1

**Contact:** Hemophilia of North Carolina

Phone: (800) 990-5557

Email: [info@hemophilia-nc.org](mailto:info@hemophilia-nc.org)  
<https://www.hemophilia-nc.org/docs/scholarships/McCoy-HNC->

### Diplomat Specialty Infusion Group/Hemophilia of North Carolina Education Scholarships

**Amount:** Multiple awards from \$500 to \$3,000

**Candidate:** Persons affected by a bleeding disorder including anyone who: has been diagnosed with a bleeding disorder; is a caregiver of a child or adult affected by a bleeding disorder; has a sibling or a parent in the same household affected by a bleeding disorder. At least one scholarship will be awarded to an applicant pursuing education in a health related field.

**Deadline:** May 1

**Contact:** Chris Barnes at Diplomat Specialty Infusion Group

Email: [cbarnes@diplomat.is](mailto:cbarnes@diplomat.is)

<https://www.diplomatpharmacy.com/pieces-of-interest/hemophilia-of-north-carolina-educational-scholarship-program/>

## Scholarships 2019 *continued*

### HFA Educational Scholarship

**Amount:** Two \$2,000 scholarships

**Candidate:** Students with bleeding disorders seeking post-secondary education from a college, university, or trade school.

**Deadline:** May 10, 2019

**Contact:** Hemophilia Federation of America  
999 N. Capitol Street NE,  
Suite 201  
Washington, DC 20002  
202-675-6984  
FAX 202-675-6983  
scholarship@hemophiliafed.org  
[www.hemophiliafed.org/patient-families/resources/educational-scholarships-internships/hfa-educational-scholarships/](http://www.hemophiliafed.org/patient-families/resources/educational-scholarships-internships/hfa-educational-scholarships/)



### HFA Parent/Sibling/Child Educational Scholarship

**Amount:** One \$2,000 scholarship

**Candidate:** Immediate family member of a person with a bleeding disorder (may or may not have a bleeding disorder themselves), seeking post-secondary education from a college, university, or trade school.

**Deadline:** May 10, 2019

**Contact:** Hemophilia Federation of America  
999 N. Capitol Street NE, Suite 201  
Washington, DC 20002  
202-675-6984  
FAX 202-675-6983  
scholarship@hemophiliafed.org  
[www.hemophiliafed.org/patient-families/resources/educational-scholarships-internships/hfa-educational-scholarships/](http://www.hemophiliafed.org/patient-families/resources/educational-scholarships-internships/hfa-educational-scholarships/)

### HFA Medical/Healthcare Services Educational Scholarship

**Amount:** One \$4,000 scholarship

**Candidate:** Student pursuing a degree in the medical/healthcare services field. Must have or be related to someone in their immediate family with a bleeding disorder.

**Deadline:** May 10, 2019

**Contact:** Hemophilia Federation of America  
999 N. Capitol Street NE, Suite 201  
Washington, DC 20002  
202-675-6984

FAX 202-675-6983

scholarship@hemophiliafed.org

### BioTek reMEDys Educational Scholarship

**Amount:** Three \$1,000 scholarship

**Candidate:** Any individual who has been diagnosed with hemophilia or other significant bleeding disorder. Evidence of this diagnosis must be provided by your clinician or HTC.

Any individual whose immediate family member is attached to the hemophilia/bleeding disorder community. Evidence of this must be provided by your clinician or HTC.

**Deadline:** May 14

**Contact:** Ann Mathis,  
Scholarship Committee  
Brandywine Valley Hemophilia Foundation  
14 Turkey Hollow Road  
Kennett Square, PA 19348  
info@brandywinehemophilia.org



# HTC Photo Factor-y!

(Past Events 2019: Successful Transition to College /Adult Care Program & Women's Education Day Program)



Be sure to check out the UM HTC Facebook page for more photos from our exciting & informative programs!

“Team work makes the dream work.”

BC003192

PO BOX 016960 (D-820) Miami FL 33101

UNIVERSITY OF MIAMI  
MILLER SCHOOL  
OF MEDICINE



## April—June Clinic Schedule

Comprehensive Pediatric/Adult Clinic Dates

### Comprehensive Pediatric Clinic

**Sylvester Comprehensive Cancer Center (SCCC — alex's place, C130)**

Wednesday, April 17—Wednesday, May 8— Wednesday, June 5

### Plantation Pediatric Clinic

**(UHealth @ Plantation — Crossroads Business Park)**

Tuesday, April 2 —Tuesday, May 7 —Tuesday, June 4

### Comprehensive Adult Clinic

**Jackson Memorial Hospital (AAC West—3C)**

Monday, April 15 —Monday, May 20 —Monday, June 17

### Adult Clinic

**Sylvester Comprehensive Cancer Center (SCCC — 2nd Floor)**

Thursday, April 4, 11, 18 & 25 —Thursday, May 2, 9, 16, 23 & 30 —Thursday, June 6, 13,  
20 & 27